



TONBRIDGE SCHOOL CENTRE LEISURE CLUB

August Active Life Timetable

Friday 2nd August	7.30am—10.00am (David)	7.30am - 10.00am: 1/2 Sports Hall (Badminton & Table Tennis) 7.30am - 10.00am: Whole Pool & Sauna 7.30am - 10.00am: Clay Tennis Courts 7.30am - 10.00am: Gym 8.00am—9.00am: Yoga (Studio)
Friday 9th August	7.30am—10.00am (David)	7.30am - 10.00am: 1/2 Sports Hall (Badminton & Table Tennis) 7.30am - 10.00am: Whole Pool & Sauna 7.30am - 10.00am: Clay Tennis Courts 7.30am - 10.00am: Gym 8.00am—9.00am: Yoga (Studio)
Friday 16th August	7.30am—10.00am (David)	7.30am - 10.00am: 1/2 Sports Hall (Badminton & Table Tennis) 7.30am - 10.00am: Whole Pool & Sauna 7.30am - 10.00am: Clay Tennis Courts 7.30am - 10.00am: Gym 8.00am—9.00am: Yoga (Studio)
Friday 23rd August	7.30am—10.00am (David)	7.30am - 10.00am: 1/2 Sports Hall (Badminton & Table Tennis) 7.30am - 10.00am: Whole Pool & Sauna 7.30am - 10.00am: Clay Tennis Courts 7.30am - 10.00am: Gym 8.00am—9.00am: Yoga (Studio)
Friday 30th August	7.30am—10.00am (David)	7.30am - 10.00am: 1/2 Sports Hall (Badminton & Table Tennis) 7.30am - 10.00am: Whole Pool & Sauna 7.30am - 10.00am: Clay Tennis Courts 7.30am - 10.00am: Gym 8.00am—9.00am: Yoga (Studio)

- Active Movers Monday's at 10am - £6 per session (You must have attended active life on the previous Friday & You can book anytime after attending the above session)
- Aqua Wednesday's at 8.30am—£6 per session (You can book up to 24 hours in advance)